

Exercise 1.2

Professional – Patient roleplay



- Foundation
- No
- Medium

1.2.1

In pairs recall a memorable story from your professional life about supporting a patient/citizen. For each pair recount the story to your partner.

Now discuss what makes this story memorable. For each partner identify three key features of this event/encounter that have made it memorable to you and explore why these are memorable.

Three key events in your story that make it memorable	Why is this memorable?

1.2.2

Then once the story has been recounted and discussed in pairs, attempt to role play each part. In your pairs, the professional should take the patient/citizen role in each case so that you are not role-playing your own professional role.

Explore how the mindset in each case, of you as a professional and of your patient, might differ and explore this below comparing the two stories.

What might we mean when we say mindset in each case?

What kinds of things does a mindset consist of?

How might a professional – patient mindset differ? What does this mean to you?

Story 1

Professional mindset

Patient/citizen mindset

Story 2
